CREATIVE IDEAS FOR DEVELOPING DANCE

EYFS: TORTOISE

Sit in a circle and introduce a selection of natural materials e.g. conkers, pinecones, stones, tree bark, shells, blades of grass. Give them to the children to touch.

Explore the objects, talk about shape, texture and colour. Make the shape of the object.

Suggest ways of moving with the object. Watch how the object moves e.g. stone-rolling. Ask the children if they can copy the feeling with their body.

Make a pathway with the objects – make the shape of the object and make it move to the next object. You need to create a large pathway so that all the children can be involved. Children can start at different places along the pathway.

KS1: THE HARE AND THE TORTOISE

Read the story and explore the main ideas in the text.

Tortoise: make the shape of the tortoise - slowly bring out your head, arms and legs and move slowly around the room.

Hare: make the hare’s shape: think about how it would move: jump, hop from foot to foot, bunny hops.

Work in pairs, with one as the hare and one as the tortoise. Children perform their actions together. Add in a sleeping position for the hare and a winner’s pose for the tortoise. Swop characters so the children can experience both emotions.
CREATIVE LINKS TO THE EYFS HOLISTIC CURRICULUM

PSED/UNDERSTANDING THE WORLD
Ask someone who has a pet tortoise to bring it into the setting for children to observe and study. Support children in framing scientific questions: What does it eat? Where does it sleep?…and ask the owner to talk about the hibernation period and how they prepare for this.

LITERACY
Share the story of the hare and the tortoise: re-enact it with improvised dialogue or mime.

EXPRESSIVE ART AND: MUSIC
Sing the ‘Hare and Tortoise’ song from ‘Three Singing Pigs’ published by Collins. The verses are set to familiar tunes and therefore accessible to all practitioners.

CREATIVE LINKS TO THE KS1 CURRICULUM

SCIENCE
Conduct research on the giant tortoises of the Galapagos Islands. They can grow to over a metre in length and live for over 100 years!

ART AND DESIGN
Make collages of tortoises with contrasting textures in the shell sections, using shiny and dull coloured papers.

LITERACY:
Read the popular story of ‘Esio Trot’ (Tortoise) by Roald Dahl. Enjoy word play games by reordering the letters of short words to make anagrams: tears (stare) or team (meat).