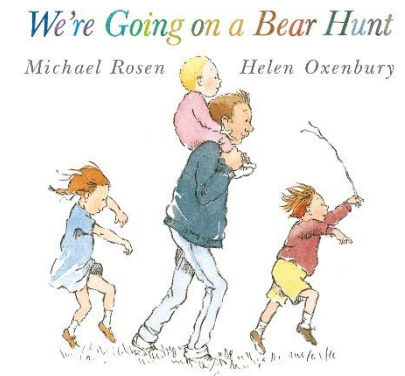
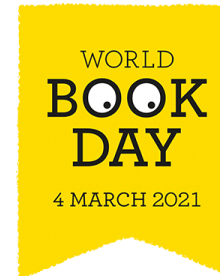




To Celebrate World Book Day

'We're Going on a Bear Hunt'



Items needed: a clear space, a light blanket or sheet, 'We're going on a bear Hunt' book by Michael Rosen and Helen Oxenbury, a few homemade instruments e.g. hairbrush, broom, pan, sticks etc. (Visit [Early Years Ideas: We're Going on a Bear Hunt - World Book Day](#) for more resources).

This is a lovely story for exploring transitions and overcoming challenges for early years. The story is great on its own but if you can act it out using a sheet to represent the different obstacles it can be a lot of fun.

IDEA: First read the story through with your child then explain you are going to act out the story. With a sheet or blanket on the floor tell the story again this time pausing to ask questions and make the sounds with your instruments. When reaching the affirmation, 'I'm not scared!'; instead, ask your child how they might feel before facing this challenge or make up an alternate affirmation which inspires your child e.g. 'I can do anything' or 'I am brilliant'. Use the sheet to be the obstacles i.e. the long grass, river, mud, cave etc. Can you create the sounds from the story using your instruments or voice? End the story hiding under the sheet with your child.

Exploring the physicality of the story should really bring it to life for younger readers and remind them of the security in their relationship with you. It will also help them consider different emotions they may experience on such an adventure; it may be scary sometimes but that doesn't mean it can't be fun too!